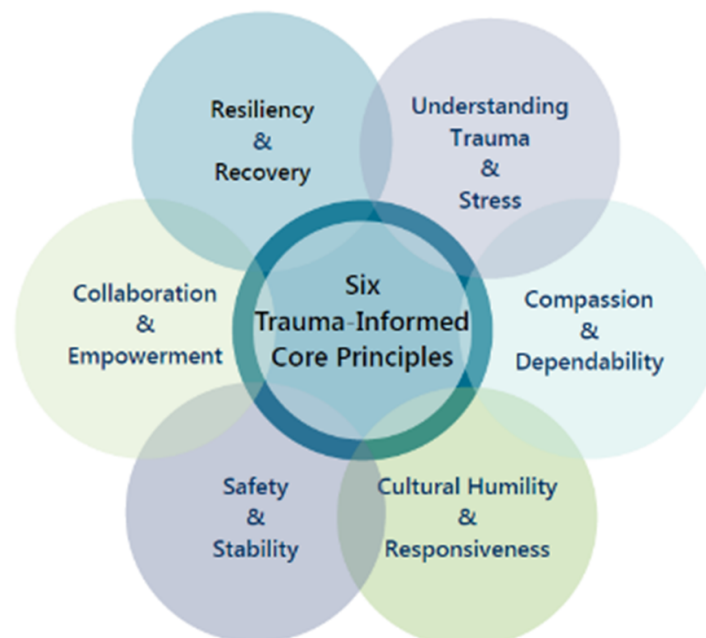


Session 4

Tracking the Legacy of the TRC Calls: Health

Please use these guiding questions to support conversations with your colleagues.

1. What are the ways government policies and historical events have had an impact on health in Indigenous communities? How can we see the impacts of these today?
2. Identify an Indigenous healing practice that is used by local Indigenous communities in your school's area. As you begin to better understand how that practice works, what are the ways it contributes to healing and/or maintaining good health and well-being?
3. What are ways that the health professionals in your education community, such as Social Workers, Psychologists, Psychiatrists and School Nurses can build a trusting relationship with Indigenous communities and individuals? How can they be supported by your school or district?
4. Review the Six Trauma-Informed Core Principles shared in this presentation (included below). Discuss the importance of trauma-informed principles and practices in health care and also in education. As a community of educators, where are you at in your collective understanding of trauma-informed pedagogy and in which areas could you deepen your understanding to better support Indigenous students?



(From the work of Substance Abuse Mental Health Services Administration of the USA (SAMHSA))

Resources:

94 Calls to Action Accountability report:
<https://yellowheadinstitute.org/trc/>

National Collaborating Centre for Indigenous Health:
<https://www.nccih.ca/en/>

Canadian Indigenous Nurses Association:
<http://www.indigenousnurses.ca>

Indigenous Physicians Association of Canada:
<https://www.ipac-amac.ca>

Occupational Therapy and Indigenous Health Network:
<https://caot.ca/site/pd/otn/otahn?nav=sidebar>

Resources from Nelson:
<https://edwin.app/resources-articles/niigaan>